

ALLERGEN INFORMATION – MAINS

Any allergens contained in a Curry Pack are marked with an '✓'.

	EU LISTED ALLERGENS															ALLERGENS NOT LISTED ON EU REGS								
	Gluten *(Wheat)	Mustard	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts *(Almonds)	Celery	Sesame	Sulphites *(Jaggery)	Lupin	Molluscs	Able to be made with non gluten containing ingredients?	Onion	Garlic	Tomato	Capsicum (Paprika)	Capsicum (Chilli)	Ginger	Coconut	Vegetarian	Vegan
BALTI	✓														✓	✓	✓	✓	✓		✓	✓	✓	✓
BHUNA	✓	✓													✓	✓	✓		✓	✓		✓	✓	✓
BIRYANI	✓														✓	✓	✓		✓	✓		✓	✓	✓
CHRISTMAS LEFTOVERS	✓														✓	✓	✓		✓	✓		✓	✓	✓
DHANSAK	✓														✓	✓	✓	✓	✓		✓	✓	✓	✓
GOAN GREEN	✓														✓	✓	✓		✓	✓	✓	✓	✓	✓
HOMESTYLE CURRY	✓	✓													✓	✓	✓	✓	✓		✓	✓	✓	✓
JALFREZI	✓	✓													✓	✓	✓	✓	✓		✓	✓	✓	✓
KASHMIRI	✓														✓	✓	✓		✓	✓		✓	✓	✓
KORMA	✓														✓	✓	✓		✓	✓		✓	✓	✓
MADRAS	✓	✓													✓	✓	✓		✓	✓		✓	✓	✓
MAKHANI	✓														✓	✓	✓		✓	✓		✓	✓	✓
MALAY RENDANG	✓														✓	✓	✓		✓	✓		✓	✓	✓
MA'S PARETAL	✓	✓													✓	✓	✓		✓	✓	✓	✓	✓	✓
MOGHLAI	✓								✓						✓	✓	✓		✓	✓		✓	✓	✓
MULLIGATANNI	✓														✓	✓	✓	✓		✓		✓	✓	✓
PASANDA	✓								✓						✓	✓	✓		✓	✓		✓	✓	✓
PATIA	✓											✓			✓	✓	✓		✓	✓		✓	✓	✓
PHAAL	✓														✓	✓	✓		✓	✓		✓	✓	✓
ROGAN JOSH	✓														✓	✓	✓		✓	✓		✓	✓	✓
SAAG GOSHT	✓	✓													✓	✓	✓	✓	✓		✓	✓	✓	✓
THAI GREEN	✓														✓	✓	✓		✓	✓	✓	✓	✓	✓
THAI RED	✓														✓	✓	✓		✓	✓	✓	✓	✓	✓
THAI YELLOW	✓														✓	✓	✓		✓	✓	✓	✓	✓	✓
TIKKA	✓	✓													✓	✓	✓	✓	✓		✓	✓	✓	✓
VINDALOO	✓	✓													✓	✓	✓		✓	✓		✓	✓	✓
XACUTTI	✓	✓													✓	✓	✓		✓	✓		✓	✓	✓

*ALMONDS AND JAGGERY can be omitted, but there is always a risk of traces being in any pack.

*CONTAINS GALANGAL which may cause similar allergic reactions as ginger.

*ALSO CONTAINS SHALLOTS which may cause similar allergic reactions as onions.

This information is based on all the ingredients in **complete packs** (including onions), and assuming packs are mild (no added chillies/chilli powder)

Due to the handmade nature of our products, each Curry Pack may contain:
PEANUTS, NUTS, SESAME SEEDS, SOYA, MUSTARD, CELERY, SULPHITES, MILK and other **CEREALS** containing **GLUTEN** due to cross-contamination.

Please check individual Curry Pack pages for complete allergen information for each pack.
If the customer is unsure or has a severe allergy, we would recommend that they do NOT buy our packs.